

FEBRUARY 2019 NEWSLETTER

COUNTY PLACE

EARLY LEARNING & CARE CENTRE



County Place Early Learning & Care Centre
Sherwood Park Daycare, Preschool Program, Out of School Care & Kindergarten

Call Us Today at 780.417.5008 www.countyplace.ca

SPECIAL DAYS IN FEBRUARY

Feb 02 - Groundhog Day

Feb 04 - Yoga Day

Feb 05 - Chinese New Year - Year of the Pig

Feb 14 - Valentines Day

Feb 18 - CLOSED - Family Day

BIRTHDAYS!

Piper - Feb 03 - 1-year-old

Saige - Feb 20 - 4 years old

Natalie - Feb 20 - 5 years old

Shaun - Feb 22 - 7 years old

Violet - Feb 27 - 2 years old

Ms. Gurminder - Feb 06



FREE DEMONSTRATION DAY KIDS YOGA :)

Yoga For Today is delighted to share yoga on **February 4th** with County Place Early Learning & Care Centre

We've been sharing health and wellness in the community for 17 years. Yoga, holistic services, teacher training programs, workshops and so much more! We are so pleased to share a demonstration yoga for kids class at County Place Early Learning & Care Centre.

Learn more about us @ www.yogafortoday.ca

Our next 8-week session begins March 4th week: We offer Yoga for adults, kids, 'mom and tots' and 'moms and baby'. Or if you're new to the studio: Participate in our \$25 unlimited week or \$99 unlimited month of yoga.

We'd love to see you! Find us in the Park Centre and Hotel through the East Entrance.

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KOREA

Students of all ages will experience a range of Korean culture including certain words, numbers, popular Korean foods, clothing, the flag, and the national flower!

Please get excited and involved with your children while we enjoy the pleasures Korea has to offer and teach our children about different cultures around the world!

MULTICULTURAL THEME OF THE MONTH KOREA



Korean Menu

- FEB 06 - KOREAN EGG OMELET
- FEB 13 - KOREAN CHICKEN & RICE PORRIDGE (LUNCH)
- FEB 13 - KOREAN RICE CAKES (AFT SNACK)
- FEB 27 - JAPCHAE (STIR-FRIED GLASS NOODLES)



FIND US ON FACEBOOK AND INSTAGRAM!



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TOILET TRAINING

SIGNS THAT YOUR CHILD IS READY

A child's readiness for toilet training is very individual. Although there are some general guidelines, children progress at their own rate and rushing them often proves to do more harm than good.

Prerequisite Skills:

There are some specific skills a child must have before they are ready for this big step.

Physical Skills:

They can recognize the feeling of urgency
The child wants to be a "big" girl or boy
They are able to pull pants up and down with minimum assistance.

Emotional Skills:

The child wants to please adults
They can control the urge to go
The child likes to imitate others
The child can follow directions

Communications Skills:

There are three steps that will show you a child is ready to start potty training.:

- The child can communicate that he or she has already gone or messed their diaper.
- The child can communicate that they are in the process of eliminating.
- The child can predict and communicate that they need to go to the toilet soon.

KIDS ON THE MOVE

Welcome Nova & Piper to Baby Room
Goodbye to Connor in OSC room
Welcome to Alexander in PS room
Transitioning Jack and Alexandra from baby to toddler and Vincent from toddler to PS

FROM THE OFFICE

Thank you to all the parents who ordered from Scholastic, we now have \$200 we can spend on new supplies/books for our rooms.

Welcome to Ms. Renate to pre-kinder room

PARENT CORNER

Please empty your child's cubby of artwork on Friday's as it will be tossed at the end of the week.